



January 2025 COF

PractiScore Template: Here is the link for the PractiScore template for this month's COF. This template has all the stages already built for you, if you don't want to create them yourself. [PractiScore Template](#)

DFAT Range Card: The DST Precision DFAT allows you to use the rifle and optic to dry fire practice in a very small area such as your garage, living room, or even bedroom. With this adapter most scopes focus in the 11-15 feet range. You can find this month's COF range card here. [DFAT Range Practice Range Card](#)

COF Designer: This COF was designed by Match Director Brandon Smith and Tim Fosburgh out of New Buffalo, Michigan. Brandon and Tim have been competing since March 2022 and decided to host matches in their local area as they loved what the sport brought and wanted to share that with their community. Thank you, Brandon and Tim for creating this unique COF for the entire NRL22 community to enjoy.

If you have questions about the COF please email us [here](#).

Starting Position: Unless otherwise stated, starting positions are always standing, rifle at the high ready and all gear in hand, mag in, action open. The high ready position means that the rifle is held by the competitor with the muzzle pointing approximately 45 degrees skyward and towards the downrange targets. If your range has stricter rules on starting positions, make sure to follow your range's rules and regulations.

Range requirements: This month's COF will require a tire, 5-gal bucket, pyramid, 55-gal barrel, 3x cinder blocks, a shot timer or stopwatch that can time down to a hundredths of a second, and the NRL22 standard target package. Left over targets: 1x 1.5", 1x 2.5", 1x 3", 4", 5", and 6"

Scoring submissions: In accordance with the 2025 NRL22 rules, Match Directors are required to submit scores within 7 days of their match concluding. You can submit your NRL22 (5 stages only) scores through the NRL22 website using the PractiScore URL located [HERE](#). If you don't have that ability, then download the NRL22 Scoresheet Submission Spreadsheet from the MD Resources section found [HERE](#). Submit your spreadsheet through the NRL22 website along with the match admin fee which can be found [HERE](#). Keep in mind that only NRL22 members are eligible for prizes and while we have a 7-day grace period for membership, if the prizes are already distributed, it is the competitor's loss.

Monthly Live Show: The live show for prizes will happen on **Monday, February 10, 2025**. The show will be streamed through Facebook and YouTube. If you have questions, ask them during the live show and we will answer them for you. Make sure to like, follow, and subscribe to our social media pages and channel.



Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.



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1. Start New Year's Right w/ Precision

Time: 120 Sec

Round Count: 10

Ranges and Targets:

Option 1 – 60 yds: ¼", ½", ¾", & 1" on KYL
 100 yds: 2.5" on a single hanger

MOA	MILS
0.4, 0.8, 1.2, 1.6	0.1, 0.2, 0.3, 0.5
2.4	0.7

Option 2 – Same targets and distance with a par time of 90 seconds

Restrictions: None

Points: 10 points per impact, 100 points possible

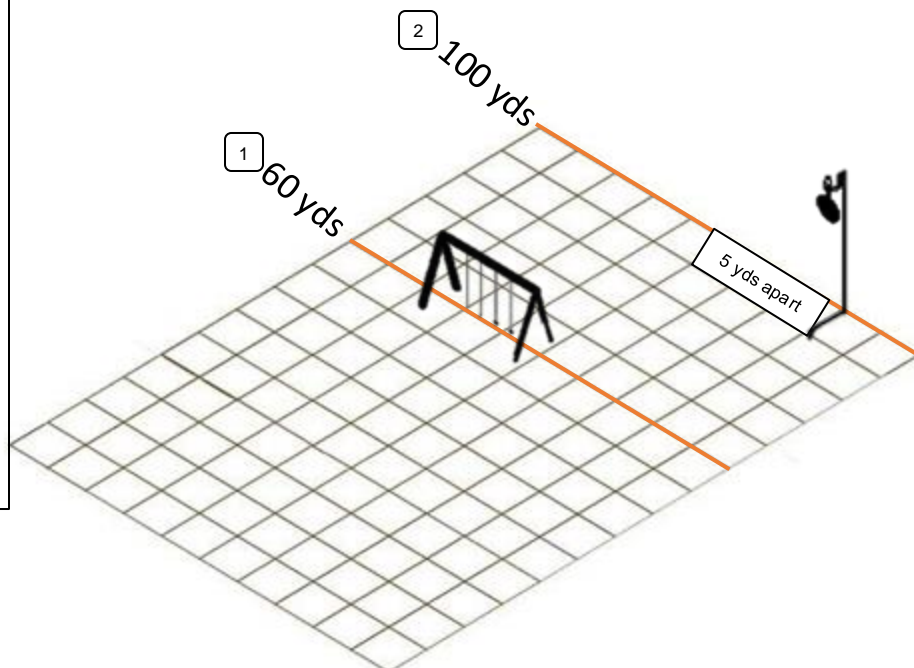
Start Position: Standing, rifle at the high ready and all gear in hand, mag in, action open

Description: On the start signal, engage the largest KYL target (1) and then the far target (2) with 1 shot each from a prone position.

Continue this engagement with targets 1 and 2 while decreasing down to the next smallest KYL target after each far target engagement i.e. 1", Far target, ¾", far target, etc.

The last 2 target engagements will be the ¼" and far target.

Adaptive Recommendation: Same target engagement. Starting in position, off glass, with magazine out.



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2. Ball Drop

Time: 120 Sec

Round Count: 12

Ranges and Targets:

Option 1 – 40 yds: 2x 1" on a double hanger (5 yards apart)
 100 yds: 2x 3" on a single hanger (8 yards apart)

Option 2 – 70 yds: 2x 2"
 172 yds: 2x 6"

Target Size(s)	
MOA	MILS
2.4	0.7
2.9	0.8

Target Size(s)	
MOA	MILS
2.7	0.8
3.3	1

Restrictions: None

Points: 10 points per impact, 120 points possible

Start Position: Standing, rifle at the high ready and all gear in hand, mag in, action open

Description: On the start signal, build a position on the designated prop and engage the targets with 1 shot each in the following order and manner:

Left side of the tire:

- Targets 1, 2, 3, 4

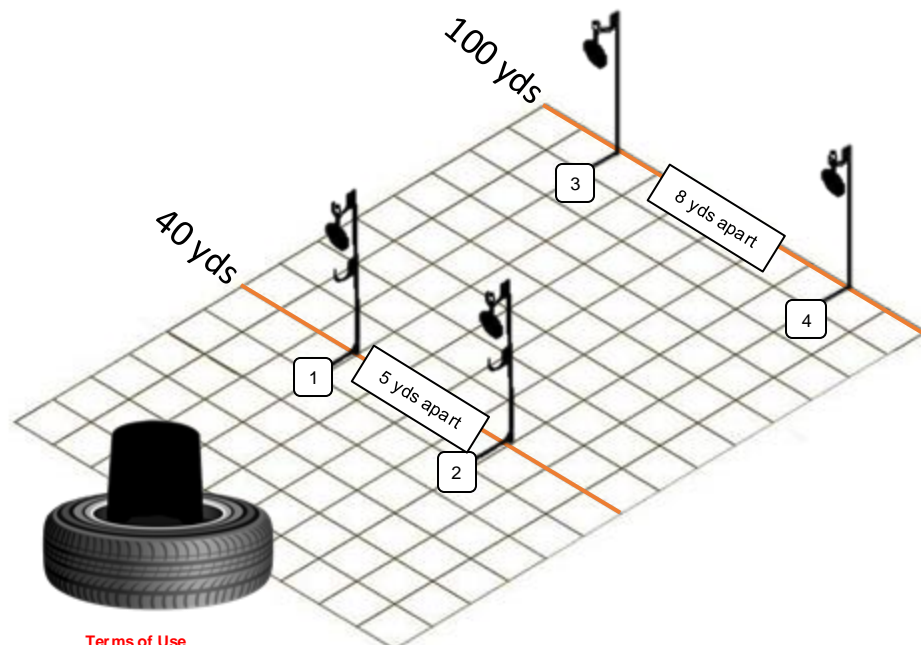
Right side of the tire:

- Targets 4, 3, 2, 1

5-gallon bucket:

- Targets 1, 4, 3, 2

Adaptive Recommendation: Same target engagement. Tire and 5-gallon bucket will be placed on an elevated position.



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3. New Buffalo Madness

Time: 120 Sec

Round Count: 10

Ranges and Targets:

Option 1 – 88 yds: 2.5” on a double hanger

Target Size(s)	
MOA	MILS
2.7	0.8

Option 2 – 157 yds: 5”

Target Size(s)	
MOA	MILS
3	0.9

Restrictions: One bag only. A flat plate mounted bag is considered a bag

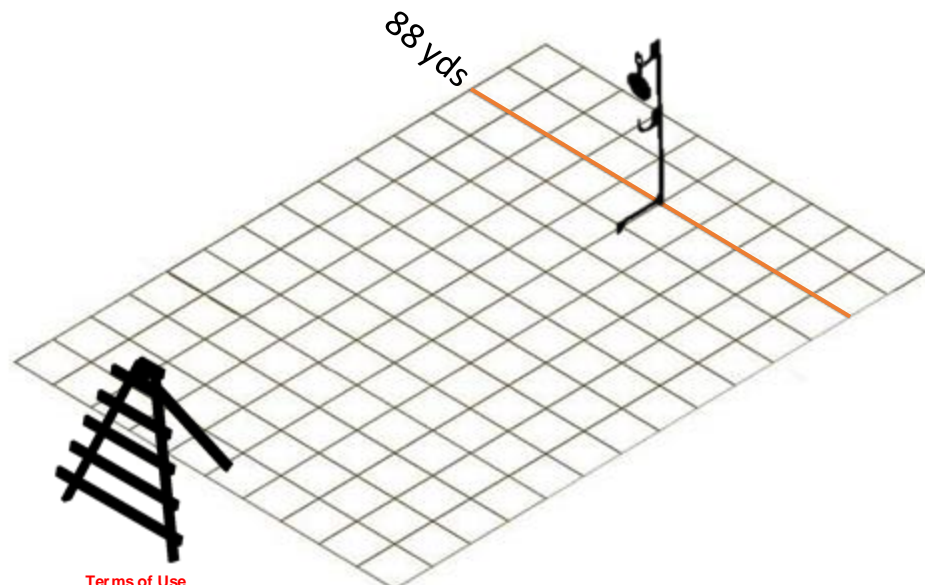
Points: 10 pts per impact plus 0.1 bonus points per second remaining. **For the PractiScore NRL22 template, enter the total time elapsed in seconds.**

Start Position: Standing, rifle at the high ready and all gear in hand, mag in, action open

Description: On the start signal, engage the target with 2 shots from 5 different positions starting with the left highest position you can reach. After every 2nd shot, you must alternate to the opposite side working your way down the pyramid without repeating a previous position.

Note: Positions are the outside left and right 2x4 sections only

Adaptive Recommendation: May repeat a single position after 4 different positions have been used but it can not be the last used position i.e. no more than 2 shots from a position.



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4. Let's Get 2025 Rolling

Time: 120 Sec

Round Count: 12

Ranges and Targets:

Option 1 – 75 yds: 2x 2" on a double hanger (Left & Right)
75 yds: 1x 1.5" on a single hanger (Center)

	Target Size(s)	
	MOA	MILS
Option 1 – 75 yds: 2x 2" on a double hanger (Left & Right)	2.5	0.7
75 yds: 1x 1.5" on a single hanger (Center)	1.9	0.6

Option 2 – Same targets and distance with a 90 second part time

Restrictions: None

Points: 10 points per impact, 120 points possible

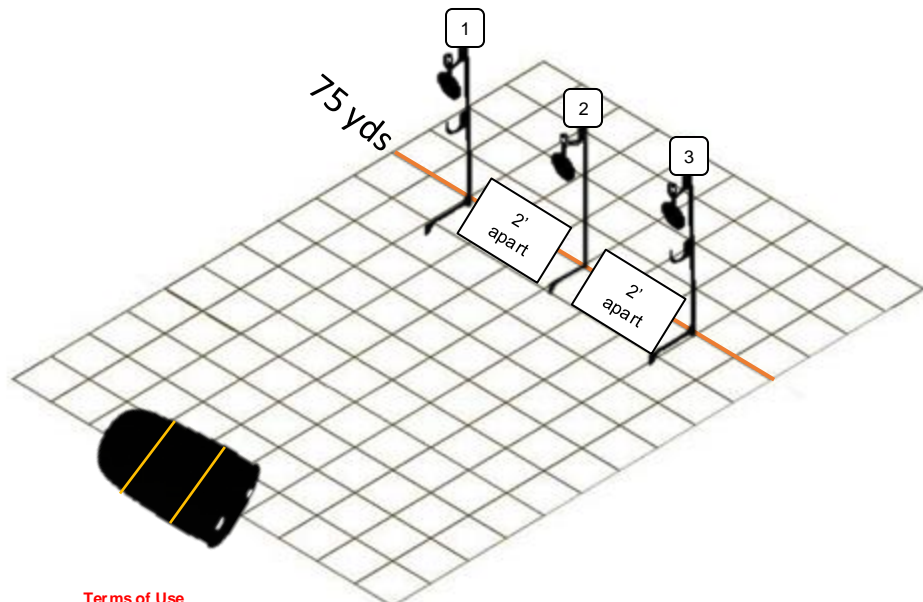
Start Position: Standing, rifle at the high ready and all gear in hand, mag in, action open

Description: On the start signal, build a position on the designated prop and engage the targets with 2 shots each in the following order and manner:

- Left side of the barrel at target 3
- Right side of the barrel at target 1
- Center of the barrel at target 2
- Left side of the barrel at target 3
- Right side of the barrel at target 1
- Center of the barrel at target 2

Note: Secure the 55-gallon barrel so that it does not roll.

Adaptive Recommendation: Same target engagement. Use 2 additional barrels and have all of them set up vertically. Target engagement will be off the top of each barrel.



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5. Don't Get Blocked

Time: 120 Sec

Round Count: 12

Ranges and Targets:

Option 1 – 71 yds: 1.5" & 2" on a double hanger

Target Size(s)	
MOA	MILS
2, 2.7	0.6, 0.8

Option 2 – Same targets and distance with a 90 second part time

Restrictions: Bipod may be used, but must remain on the cinder block

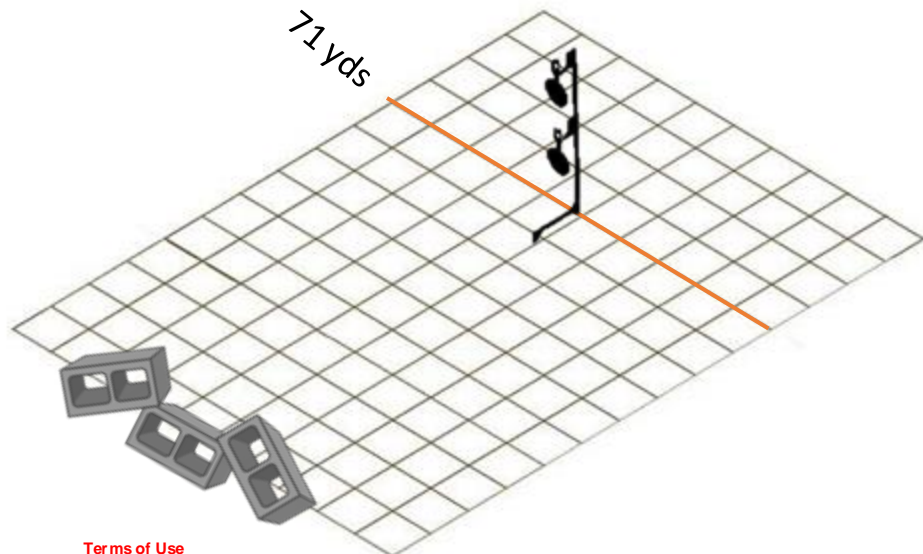
Points: 10 points per impact, 120 points possible

Start Position: Standing, rifle at the high ready and all gear in hand, mag in, action open

Description: On the start signal, engage the targets in the following order and manner:

- Center block – Large x1, Small x2
- Right block apex – Small x1, Large x2
- Left block apex – Large x1, Small x2
- Center block – Small x1, Large x2

Adaptive Recommendation: Same target engagement. Place cinder blocks on an elevated position.



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