



October 2025 COF

PractiScore Template: PractiScore templates are now being emailed to your inbox! If you are assisting your match director, just ask them to forward the email to you with the attached template. [PractiScore Template](#)

Official COF Walkthrough: The official COF walkthrough can be found on our YouTube channel. Typically, the video is published the same day as the COF or a day later. Make sure to subscribe to our channel so that you'll get notified when the walkthrough video is published. [NRL22 YouTube Channel](#)

DFAT Range Card: The DST Precision DFAT allows you to use the rifle and optic to dry fire practice in a very small area such as your garage, living room, or even bedroom. With this adapter most scopes focus in the 11-15 feet range. You can find this month's COF range card here. [DFAT Range Practice Range Card](#)

COF Designer: This COF was designed by Darron DeBoer. Darron has been shooting NRL22 since early 2019 and has been a Match Director since 2020. Darron's home club is Free State Precision Plinkers in Ottawa, Kansas. Darron is hard to miss at the range is always willing to help any competitor out. If you have questions about the COF please email us [here](#).

Starting Position: Unless otherwise stated, starting positions are always standing, rifle at the high ready and all gear in hand, mag in, action open. The high ready position means that the rifle is held by the competitor with the muzzle pointing approximately 45 degrees skyward and towards the downrange targets. If your range has stricter rules on starting positions, make sure to follow your range's rules and regulations.

Range requirements: This month's COF will require a 2x 55-gallon barrels, ladder, rooftop, sawhorse, tank trap, tripod, a shot timer or stopwatch that can time down to a hundredths of a second, and the NRL22 standard target package.

Scoring submissions: In accordance with the 2025 NRL22 rules, Match Directors are required to submit scores within 7 days of their match concluding. You can submit your NRL22 (5 stages only) scores through the NRL22 website using the PractiScore URL located [HERE](#). If you don't have that ability, then download the NRL22 Scoresheet Submission Spreadsheet from the MD Resources section found [HERE](#). Submit your spreadsheet through the NRL22 website along with the match admin fee which can be found [HERE](#). Keep in mind that only NRL22 members are eligible for prizes and while we have a 7-day grace period for membership, if the prizes are already distributed, it is the competitor's loss.

Monthly Live Show: The live show for prizes will happen on **November 10th, 2025**. The show will be streamed through Facebook and YouTube. If you have questions, ask them during the live show and we will answer them for you. Make sure to like, follow, and subscribe to our social media pages and channel.

Terms of Use

The use of this course of fire is restricted to personal/individual use; however, the use of this course of fire in a match setting must be operated within the NRL22 rules and is restricted to current NRL22 clubs. The monthly course of fire is a proprietary product of the NRL22. Furthermore, the scores of every competitor at that match must be submitted to the NRL22 regardless of the competitor's membership status. Every competitor is given a 7-day grace period to become a member and claim their score.

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Thank you to all the amazing sponsors for the 2026 season. Please make sure to support these companies when you are deciding where to buy. We have a list of Preferred sponsors that are offering exclusive discounts to NRL22 members which range from 10%-40% that can be viewed under "My Account"

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Version 1
2026 Season Presented by:



TIKKA

Stage 1 Presented by:



1. Darron's Dual Drums

Time: 120 Sec Round Count: 12

Ranges and Targets:

Option 1 – 80 yds: 2" & 2.5" on a double hanger

Option 2 – 140 yds: 4" & 5"

Target Size(s)	
MOA	MILS
2.4, 3.0	0.7, 0.9

Target Size(s)	
MOA	MILS
2.6, 3.3	0.8, 1.0

Barricade Setup: 2x 55-gal drums - 1x vertical drum, 1x drum top/bottom facing downrange/perpendicular to the firing line. Horizontal barrel should be secured to prevent rolling. [Click Here for cradle design.](#)

Restrictions: None

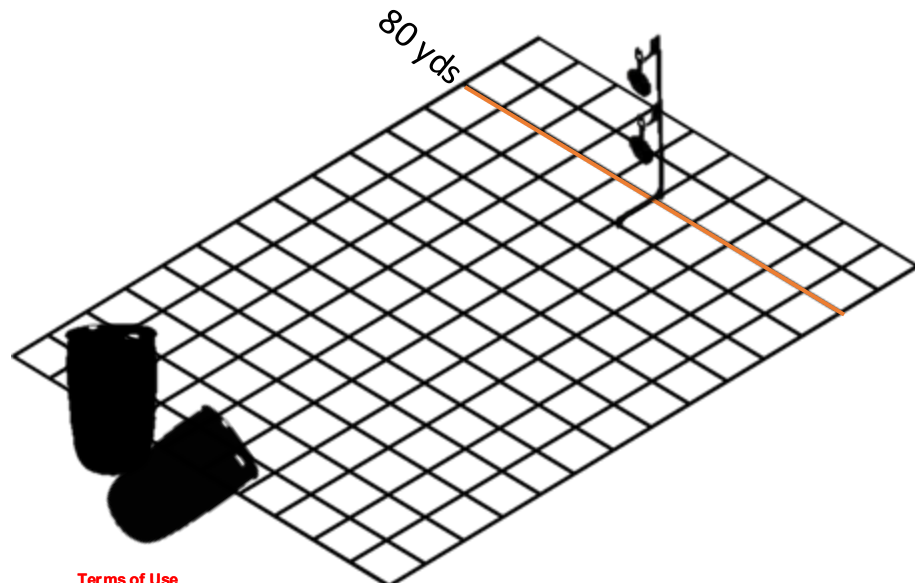
Points: 10 points per impact, 120 points possible

Start Position: Standing, rifle at the high ready with all gear in hand, mag in, action open.

Adaptive Suggestion: Same target engagement. The horizontal drum will be vertical.

Description: On the start signal, engage the targets in the following order and manner:

1. Vertical drum: Large then Small
2. Horizontal drum: Large x2
3. Vertical drum: Large x2
4. Horizontal drum: Small x2
5. Vertical drum: Small x2
6. Horizontal drum: Small then Large



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Stage 2 Presented by:



2. Levi's Ladder

Time: 120 Sec Round Count: 10

Ranges and Targets:

Option 1 – 40 yds: $\frac{1}{4}$ ", $\frac{1}{2}$ ", $\frac{3}{4}$ ", & 1" on a KYL rack

Option 2 – 70 yds: $\frac{1}{2}$ ", 1", 1.5", & 2"

Target Size(s)

MOA

MILS

0.6, 1.2, 1.8, 2.4 0.2, 0.3, 0.5, 0.7

Target Size(s)

MOA

MILS

0.6, 1.2, 1.8, 2.4 0.2, 0.3, 0.5, 0.7

Restrictions: None

Points: 10 points per impact, 100 points possible

Start Position: Standing, rifle at the high ready with all gear in hand, mag in, action open.

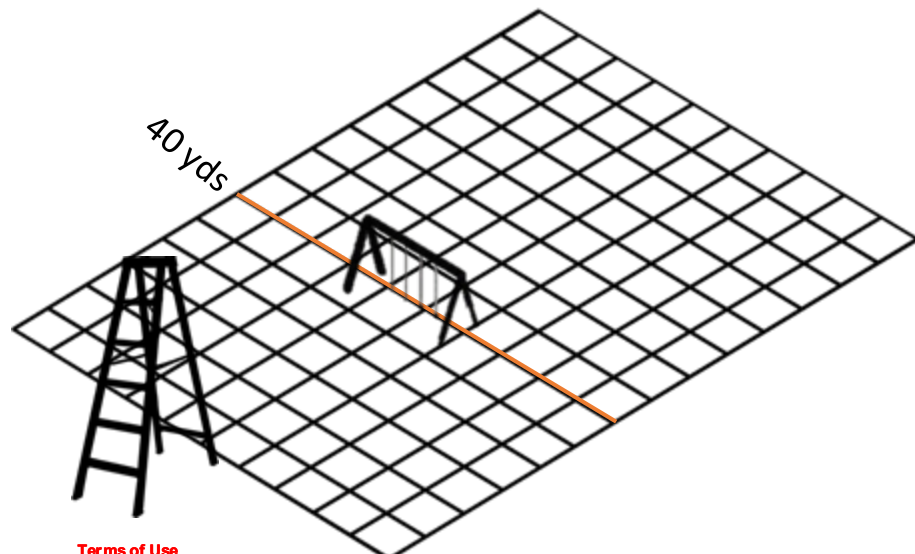
Description: On the start signal, engage the targets with 2 shots each, large to small.

You will change rungs after every 2 shots. (e.g. 1" target x2, change rungs, $\frac{3}{4}$ " target x2, change rungs, etc).

After the smallest target has been engaged twice, you'll take a prone supported position next to the ladder and engage the largest and smallest targets with 1 shot each.

You can utilize any rungs you choose, and rungs can be repeated.

Adaptive Suggestion: Same target engagement. Use the highest 2 positions you can safely engage the targets.



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Stage 3 Presented by:



3. Nothing Rhymes with Jeramie

Time: 120 Sec Round Count: 12

Ranges and Targets:

Option 1 – 55 yds: 1" on a double hanger
 65 yds: 1.5" on a double hanger
 85 yds: 2.5" on a double hanger
 95 yds: 3" on a double hanger

Target Size(s)	
MOA	MILS
1.7	0.5
2.2	0.6
2.8	0.8
3.0	0.9

Option 2 – 100 yds: 2" (1.9 MOA/0.6 MILS) | 117 yds: 3" (2.4 MOA/0.7 MILS)
 160 yds: 5" (3 MOA/0.9 MILS) | 184 yds: 6" (3.1 MOA/0.9 MILS)

Points: 10 pts per impact plus 0.1 bonus points per second remaining after the required round count of 12 shots have been fired.

When scoring, always record the total time elapsed in seconds.

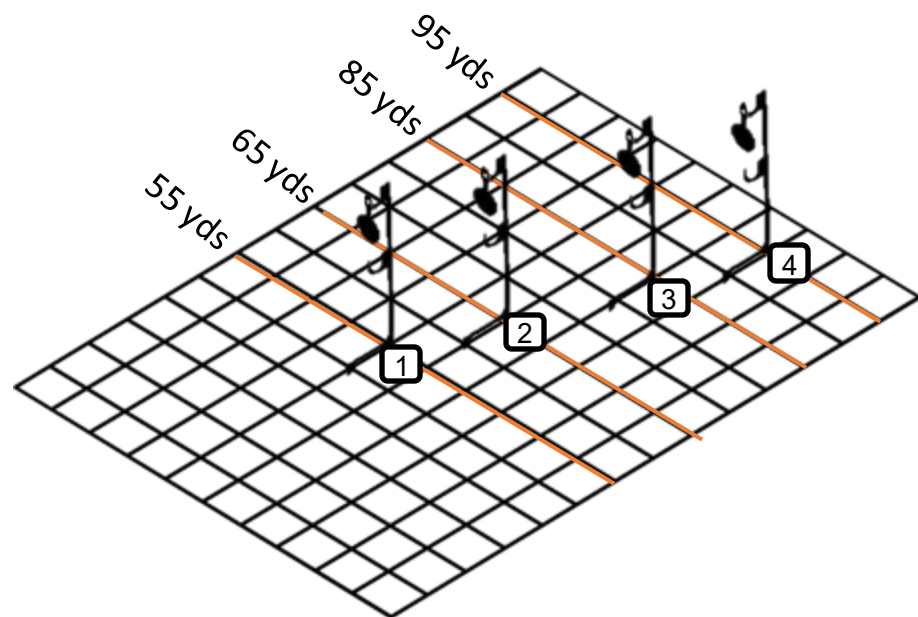
Start Position: Standing, rifle at the high ready with all gear in hand, mag in, action open.

Description: On the start signal, engage the targets as follows from a prone supported position:

1. Targets 4, 2, 3, then 1 with 2 shots each.
2. Mandatory magazine change
3. Targets 1, 2, 3, 4 with 1 shot each.

Note: If a magazine change is not conducted after the 8th shot, then impacts will not be counted until one has been completed. Only impacts after the magazine change will count.

Adaptive Suggestion: Targets may be engaged off an elevated position such as a bench or 55-gal barrel.



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Stage 4 Presented by:



4. Suzie's Sloped Surface & Sawhorse

Time: 120 Sec Round Count: 10

Ranges and Targets:

Option 1 – 65 yds: 1.5" on a single hanger

Target Size(s)	
MOA	MILS
2.2	0.6

Option 2 – Same target and distance with a par time of 105 seconds

Barricade Setup: Rooftop is positioned with the peak on the left and sloping down to the right. The sawhorse is as pictured to the right of the rooftop.

Restrictions: None

Points: 10 points per impact, 100 points possible

Start Position: Standing, rifle at the high ready with all gear in hand, mag in, action open.

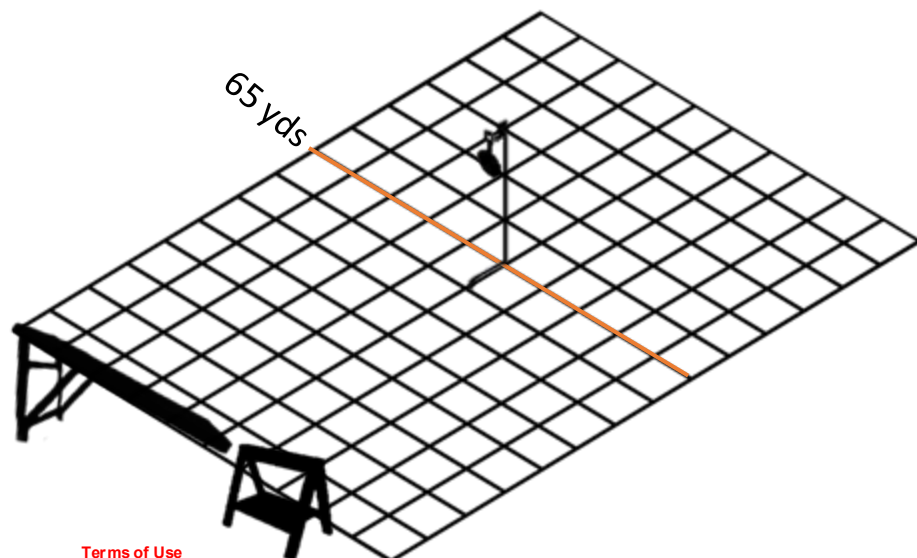
Description: On the start signal, engage the targets with 2 shots from the following positions:

- Top of the sawhorse
- Sawhorse shelf
- Center of upper 1/3 of the roof
- Center of middle 1/3 of the roof
- Center of lower 1/3 of the roof

Positions may be used in any order.

Note: The MD may add cleats to each appropriate position to prevent bags from sliding.

Adaptive Suggestion: Alternate between the top of the sawhorse and the peak of the rooftop, moving after every 2nd shot. A stool/chair may be used to sit on.



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5. Thompson's Tank Trap & Tripod

Time: 120 Sec Round Count: 10

Ranges and Targets:

Option 1 – 50 yds: 1" on a single hanger
100 yds: 3" on a single hanger
100 yds: 3" on a single hanger > 5 yds apart

Target Size(s)	
MOA	MILS
1.9	0.6
2.9	0.8
2.9	0.8

Option 2 – Option 2 – Same target and distance with a par time of 105 seconds

Restrictions: None

Points: 10 points per impact, 100 points possible

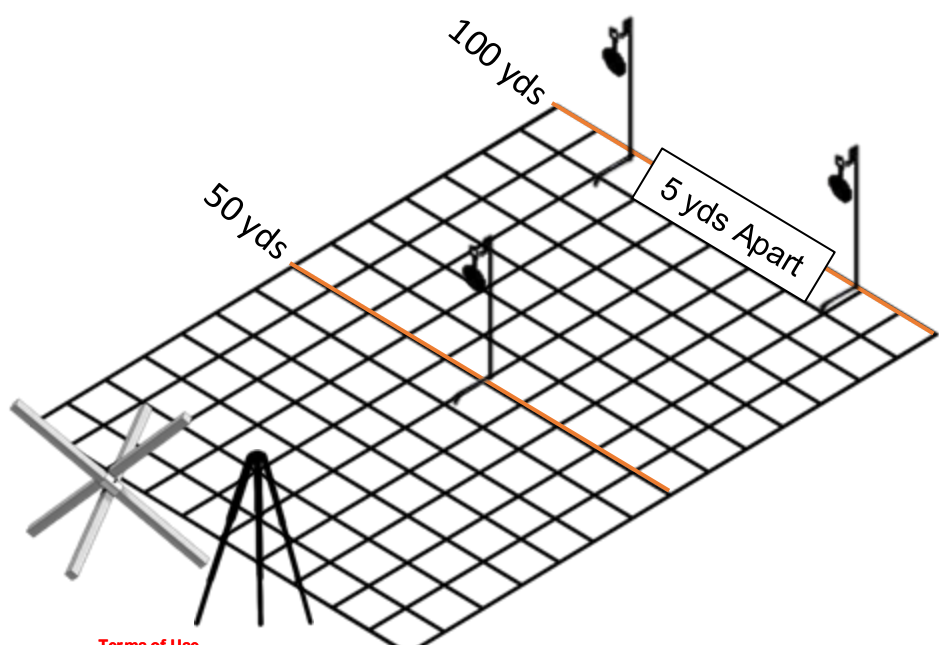
Start Position: Standing, rifle at the high ready with all gear in hand, mag in, action open.

Description: On the start signal, engage the targets with 2 shots each in the following order and manner:

1. Left tip: Right target
2. Top of Tripod: Right, center, left
3. Right tip: Left target

Note: The tripod is a stationary prop on this stage and should be set to a height of 46" - 54". The tripod may be adjusted to a lower height for Young Guns only if needed.

Adaptive Suggestion: No change



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